



2009 GIRLS ELITE II LEAGUE

September 19th – November 1st, 2009

The Minnesota Girls Hockey Coaches Association is partnering with Minnesota Hockey and the Herb Brooks Foundation to bring you the inaugural season of the Girls Elite II Hockey League.

Exposure is becoming more and more important these days. College Coaches are already looking forward to this league, knowing they can come and watch the best of the best compete against each other. Exposure is only one aspect of our league though. No matter how much exposure players get, if they don't have the necessary skills and hockey sense, they are not going to be able to make the jump to the next level. We want players to develop and improve, so we are not just focusing on games, we want this to be a great overall training experience and a development league.

Your High School coach has identified you as someone who would be qualified to play in this league and we would like to cordially invite you to tryout.

- League is only open to those who played High School Hockey last year or who have used up their U14 eligibility.
- Tryouts will be held on September 12th and September 13th. All players must tryout.
- League Games will be on the Weekends of: Sept. 19, Sept. 26, Oct. 3, Oct. 10, Oct. 24 and Oct. 31
Skipping the weekend of Oct. 17 for MEA
Girls High School Hockey Regular Season starts Nov. 2
- All sessions will be Saturday and Sunday, mostly in the mornings to avoid conflicts with Fall Sports. College coaches would love to recruit 3 sport athletes, but with the pressures that everyone feels, more and more student/athletes are quitting other sports and focusing only on hockey. We STRONGLY encourage you to play a fall sport. Hockey should be fit in around your fall sport practices and events. Do not drop other sports just to train for hockey in the off-season.
- League includes; Skill Development, Games and Off-Ice Training.
The average player only has the puck on their stick for a minute or two in a game and while you get better every time you are on the ice, games are not the ultimate place to develop the skills that college coaches are looking for. Practices and optional off-ice training will be an integral part of our league. We have set up the league with mostly 2 hour blocks of ice. That time will be split up into 45 minute practices and 1 hour 15 minute games. In addition, the Herb Brooks Foundation has generously made available to us the use of the Herb Brooks Training Center up at the Schwan's Super Rink.
- Staff: College coaches will tell you that they are looking for many things in the athletes they recruit. One of the things that they say is often missing is "hockey sense", knowing the little things about the game. The coaches in our program will all be highly qualified high school hockey coaches. They will not just show up for the games to set lines and open doors. They will focus on teaching and pointing out those little things during both the drills and the games.

Fall League Details:

- **Dates: Saturday's & Sundays September 19th – November 1st, 2009 (Except over MEA weekend)**
- **8 teams – maximum of 20 players per team**
- **High School Teammates will play together on the same team whenever possible**
- **2 games/practice combinations per weekend**
- **League Fee: \$350 per participant. No Refunds after September 11th**

Tryout Details:

- **All Players must tryout.**
- **Players are limited to participation in 1 tryout session only**
- **Tryout sessions will be 1.5 hours in length: 30 minutes of drills; 1 hr of scrimmage**
- **Tryout Fee: \$25.00 per player. No Refunds after September 4th**

- **Tryout Dates and Locations:**

Session	Date	Time	Location
1	Saturday Sept. 12	11:50am – 1:20pm	Schwan's Super Rink 7
2	Saturday Sept. 12	1:30 – 3:00pm	Schwan's Super Rink 7
3	Saturday Sept. 12	1:50 – 3:20pm	Schwan's Super Rink 6
4	Saturday Sept. 12	3:30 – 5:00pm	Schwan's Super Rink 6
5	Sunday Sept. 13	9:00 – 10:30am	Schwan's Super Rink 7
6	Sunday Sept. 13	9:30 – 11:00am	Schwan's Super Rink 8
7	Sunday Sept. 13	10:45am – 12:15pm	Schwan's Super Rink 7
8	Sunday Sept. 13	11:15am – 12:45pm	Schwan's Super Rink 8

Here is what you need to do and send in:

1.) **Fill out the enclosed Festival Application**

- Make sure to check off your position.

Note: you will not be able to register as a F/D or D/F, you must decide before registering which position you would like to tryout for.

- Make sure to check off your First, Second and Third choices for when and where you would like to tryout.

2.) **Register with USA Hockey:** All players must be members of USA Hockey and must be registered as a player, Referee cards do not count.

- If you are a registered member for 2009-10 please send me (or e-mail me) a copy of your registration confirmation. You can download a copy at https://www.usahockeyregistration.com/receipt_request.jsp
- If you are not already a member, fill out the USA Hockey's online registration form at [usahockey.com](http://www.usahockey.com). Click on Registration. Online. (located in the upper right corner), or go to <http://www.usahockeyregistration.com/> select Ice Players & Coaches and register for the 2009-2010 Season. Once you have completed the registration, print the Confirmation Page and send me (or e-mail me) a copy of it.

3.) **THIS ONLY APPLIES IF YOU HAVE U14 ELIGIBILITY for 2009-10 AND PLAYED HIGH SCHOOL HOCKEY LAST YEAR...**

- If you fall in this group, you need a letter from your school's AD on school letterhead stating that you did play High School Hockey last season. This letter can be obtained once the school year starts and can be brought to tryouts – you don't have to send it in now.

4.) **Make out 2 checks to the MGHCA – both need to be sent to be eligible for the league.**

a. **One for \$25.00 (Tryout Fee)**

b. **One for \$350.00 (League Fee) – checks for those players who do not get invited into the league will be shredded.**

5.) **Return all paperwork and checks to:**

**Tom Maeckelbergh
20195 Connie Drive
Oak Grove, MN 55303**

6.) **Wait to hear when you are scheduled to tryout. Contact will be made via e-mail, so make sure to include your primary e-mail account.** (If you do not have e-mail access, you will be contacted via phone)

IMPORTANT:

Please take the time to fill out this paperwork today. Choices for Tryout Dates and Locations will be granted on a first come first serve basis. Tryout spaces are limited so if you can only make one of the tryouts and it has already filled up we will not be able to accommodate you.

Good Luck at the tryouts.

Respectfully,

Tom Maeckelbergh

Elite II League Director

e-mail: tmaeckelbergh@yahoo.com